

# August 2016

# Cedar Manor

SUN	MON	TUE	WED	THU	FRI	SAT												
	<b>1</b> 9:00-11:30 Chaplain Chip visits 10:30-11:30 Chair Exercise 1:30-2:30 Let's Play Monopoly 3:15-4:15 Bingo	<b>2</b> 9:45-10:30 Walking Club 10-11:30 You Be The Judge 1:30-2:45 Ice Cream Social 3:15-4:15 Pokeno	<b>3</b> 10:30-11:30 Hymn Sing & Bible Study 11:30-12:30 Men's Pizza Lunch 1:00-2:00p Welcome Waggers 1:30-2:30 Jeopardy 3:15-4:15 Bingo	<b>4</b> 9:30-10:00 Catholic Service 10:30-11:00 Music & Fitness 11:30-11:30 Current Events 1:00-2:30 Polish Me Pretty By The Cedar Manorcurists 3:15-4:15 Pokeno	<b>5</b> 10:45-11:30 Group Fitness Friday 1:00-2:30 When We Get to Heaven Bible Study with Chaplain Chip 3:15-4:15 Bingo	<b>6</b> 10:00-11:00 Weekend Activity Packets- Puzzles & News 10:30-11:30 Welcome Waggers 10:30-11:30 Morning Bingo with Gwen 1:00-3:30 Afternoon Matinee "Radio"												
<b>7</b> 10:00-11:00 New Revelation Church	<b>8</b> 10-11:30 When We Get to Heaven Bible Study with Chaplain Chip 1:30-2:30 Wii Bowling 3:15-4:15 Bingo	<b>9</b> 9:45-10:30 Walking Club 10:45-11:15 Patriotic Places Word Game 11:15-2:00 Lunch Outing to Surf Rider 3:15-4:15 Pokeno <b>6:30-7:15 Kempsville Mennonite            Church Service</b>	<b>10</b> 10:30-11:30 Chair Exercises 1:00-1:45 Word Games 1:00-2:00 Welcome Waggers 2:00-3:00 Great Bridge Baptist 3:15-4:15 Bingo	<b>11</b> 9:30-10:00 Catholic Service 10:30-11:30 Welcome Waggers 10:30-11:00 Music and Fitness 11:00-11:30 This was the Year 1969 1:30-2:30 Scrabble 3:15-4:15 Pokeno	<b>12</b> 10:45-11:30 Group Fitness Friday 1:30-2:30 Water Color Abstracts 3:15-4:15 Bingo	<b>13</b> 10-11:00 Weekend Activity Packets- Puzzles & News 1:00-3:30 Afternoon Matinee "Mystery Alaska"												
<b>14</b> 10:00-11:00 13th Disciple Church <b>1:30-2:30 Worship Service &amp;            Communion with Chaplain Chip</b>	<b>15</b> 9:00-11:30 Chaplain Chip Visits 10:30 - 11:30 Chair Exercise <b>1:30-2:30 Piano by Barbara</b> 3:15-4:15 Bingo	<b>16</b> 9:45-10:30 Walking Club 10:45-11:15 Summer Word in a Word 1:30-2:30 "Price is Right" Summer Theme 3:15-4:15 Pokeno	<b>17</b> 10:30-11:30 Hymn Sing & Bible Study 1:00-2:00 Welcome Waggers 1:30-2:30 Scrabble 3:15-4:15 Bingo	<b>18</b> 9:30-10:00 Catholic Service 10:30-11:30 Welcome Waggers 10:30-11:00 Music & Fitness 11:00-11:30 Old Fashioned Remedies 2:00-3:00 Bethel Baptist 3:15-4:15 Pokeno	<b>19</b> 10:45-11:30 Group Fitness Friday <b>1:30 - 2:30 Music Entertainment            By Harvey Willis</b> 2:00 - 4:00 Chesapeake Absentee Voter Registration 3:15-4:15 Bingo	<b>20</b> 10:00-11:00 Weekend Activity Packets- Puzzles & News 10:30-11:30 Welcome Waggers 10:30-11:30 Morning Bingo with Gwen 1:00-3:30 Afternoon Matinee "Kite Runner"												
<b>21</b> 10:00-11:00 New Revelation Church <b>2:30-3:30 Gospel Singing by            "Unshackled"</b>	<b>22</b> 9:00-11:30 Chaplain Chip Visits 10:30-11:30 Chair Exercise 1:30-2:30 Wii Bowling 3:15-4:15 Bingo	<b>23</b> 9:45-10:30 Walking Club 10:45-11:15 Y2 Word Game <b>1:30-2:30 Monthly Birthday Party            Music by Johnny</b> 3:15-4:15 Pokeno	<b>24</b> 10:30-11:30 Chair Exercises 1:00-1:45 Word Games 1:00-2:00 Welcome Waggers 2:00-3:00 Great Bridge Baptist 3:15-4:15 Bingo	<b>25</b> 9:30-10:00 Catholic Service 10:30-11:30 Music & Fitness 11:00-11:30 Strange College Mascots 2:30-3:00 Menu Meeting 3:15-4:15 Pokeno	<b>26</b> 10:45-11:30 Group Fitness Friday 1:30-2:30 Pictionary 3:15-4:15 Bingo	<b>27</b> 10:00-11:00 Weekend Activity Packets- Puzzles & News 1:00-3:30 Afternoon Matinee "Famous Generals of WWII" (Part 2)												
<b>28</b> 10:00-11:00 Rock Church	<b>29</b> 10:30-11:30 Chair Exercise <b>1:30-2:30 Gary Gompers Band</b> 3:15-4:15 Bingo	<b>30</b> 9:45-10:30 Walking Club 10:45-11:15 Shoppers Game 1:30-2:30 Shut the Box 3:15-4:15 Pokeno	<b>31</b> 10:30-11:30 Chair Fitness 1:00-2:00 Welcome Waggers <b>1:00-2:30 Music Entertainment            by Group Therapy</b> 3:15-4:15 Bingo	<p style="text-align: center;"><b>Happy August Birthdays to:</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">Mary Morgan</td> <td style="width: 33%;">08/02</td> <td style="width: 33%;">Ruth Carlson</td> <td style="width: 33%;">08/24</td> </tr> <tr> <td>Winton Adcock</td> <td>08/02</td> <td>Norma Callaway</td> <td>08/26</td> </tr> <tr> <td>Barbara Joy</td> <td>08/21</td> <td></td> <td></td> </tr> </table>			Mary Morgan	08/02	Ruth Carlson	08/24	Winton Adcock	08/02	Norma Callaway	08/26	Barbara Joy	08/21		
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