

# December 2018

\*Activities are subject to change. Please refer to the main wall calendar at Cedar Manor for updated schedule.

## Birthdays

- Gloria M. 6th
- Bob L. 7th
- Libby R. 9th
- Violet T. 12th
- Cecil B. 15th
- Alvah D. 23rd
- Peggy P. 29th
- Dorothy H. 31st

### LOCATIONS

- AR-Activity Room
- DR-Dining Room
- FL-Front Lobby
- FF- First Floor TV Area
- SF-Second Floor TV Area



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>1</b> 9:00-3:00 Merry Market Craft Show (FL) 9:30-10:30 Fitness to music (SF) 10:00-11:00 Weekend Activity Packet (FL) 10:30-11:30 Welcome Waggers 10:30-11:30 Binge Bingo (AR) 1:00-3:30 Afternoon Matinee (SF) "The Christmas Box"
<b>2 HANUKKAH BEGINS</b> 1:30-3:30 Worship Service & Communion with Chaplain Chip (FL)	<b>3</b> 10:30-11:00 Morning Stretches (SF) 11:00-11:30 Morning Trivia (SF) 1:30-2:30 Word Games (AR) 3:15-4:15 Bingo (AR)	<b>4</b> 9:00-2:00 Chaplain Chip visits 10:30-11:30 "Tuesday Talk" with Coffee & Juice (AR) 1:30-2:30 Scrabble (AR) 3:15-4:15 Pokeno (AR)	<b>5</b> 9:00-2:00 Chaplain Chip visits 10:30-11:30 Hymn Sing & Bible Study by Tidewater Baptist (FL) 11:30-12:30 Monthly Pizza Lunch (DR) 1:00-2:00 Welcome Waggers 1:30-2:30 Cedar Manor Market Shopping (AR) 3:15-4:15 Bingo (AR)	<b>6</b> 10:30-11:00 Stretch & Tone (SF) 10:30-11:30 Catholic Service Mass (AR) 11:00-11:30 Morning Trivia (SF) 12:30-4:00 Chaplain Chip visits 1:00-2:30 "Polish Me Pretty" (AR) 3:15-4:15 Pokeno (AR) 5:00-8:30 Christmas Dinner & Concert at GBBC (FL)	<b>7</b> 10:45-11:30 Group Fitness Friday (SF) 1:00-2:00 Welcome Waggers 1:30-2:30 Christmas Music by Fox & The Bear & Friends (FL) 3:15-4:15 Bingo (AR)	<b>8</b> 9:30-10:15 Fitness to music (SF) 10:00-11:00 Weekend Activity Pkt.(FL) 10:30-11:30 Welcome Waggers 10:30-11:15 Piano Music by Stephens Studio (FL) 1:30-3:00 Paint A Winter Scene with CCCOH (AR)
<b>9</b> 2:00-2:45 Kempsville Mennonite Church Service (FL) 3:00-3:45 Piano Music by Stephens Studio (FL)	<b>10</b> 9:30-2:30 Chaplain Chip visits 10:00-11:30 Bible study with Chaplin Chip (AR) 1:00-2:30 Music by Group Therapy (FL) 3:15-4:15 Bingo (AR)	<b>11</b> 10:30-11:30 "Tuesday Talk" with Coffee & Juice (AR) 12:00-4:00 Chaplain Chip visits 2:00-3:00 Music by Sentimental Journey (FL) 3:15-4:15 Pokeno (AR)	<b>12</b> 10:30-11:15 DCBC Senior Choir "Joyful Sound" (FL) 1:00-2:00 Welcome Waggers 1:00-4:00 Chaplain Chip visits 2:00-3:00 Great Bridge Baptist (FL) 3:15-4:15 Bingo (AR)	<b>13</b> 9:45-10:15 Catholic Service (AR) 10:30-11:30 Kings Choir (FL) 12:30-4:30 Chaplain Chip visits 1:00-2:30 Bible Study with Chaplain Chip (AR) 3:15-4:15 Pokeno	<b>14</b> 10:45-1:00 Group Fitness Friday (SF) 1:00-2:00 Welcome Waggers 1:30-2:30 Piano Music by Ches. Montessori School (FL) 3:15-4:15 Bingo (AR)	<b>15</b> 10:00-11:00 Weekend Activity Pkt.(FL) 10:30-11:30 Welcome Waggers 10:30-11:00 Christmas Caroling by Cub Scouts (FL) 1:30-2:30 Gifts & Cards Presented by Jennifer & Family (FF)
<b>16</b> 10:00-11:00 Hymn Sing & Fellowship with Karen & Gordon (FL) 2:30-3:30 Gospel Singing by Unshackled (FL)	<b>17</b> 10:30-11:00 Morning stretches (SF) 11:00-11:30 Morning Trivia (SF) 11:00-3:00 Chaplain Chip visits 1:30-2:30 Piano by Barbara (FL) 3:15-4:15 Bingo (AR)	<b>18</b> 9:00-1:00 Chaplain Chip visits 10:30-11:30 "Tuesday Talk" with Coffee & Juice (AR) 1:00-2:30 Shopping to Walmart (FL) 3:15-4:15 Pokeno (AR)	<b>19</b> 10:30-11:30 Hymn Sing & Bible Study by Tidewater Baptist (FL) 12:00-4:00 Chaplain Chip visits 1:00-2:00 Welcome Waggers 1:30-2:30 Monthly Birthday Party Music by Johnny (FL) 3:15 Bingo (AR)	<b>20</b> 9:45-10:15 Catholic Service (AR) 10:30-11:00 Stretch & Tone (SF) 11:00-11:30 Morning Trivia (SF) 12:00-4:00 Chaplain Chip visits 2:00-3:00 Journey Church (FL) 3:15-4:15 Pokeno (AR)	<b>21 1ST DAY OF WINTER</b> 10:45-11:30 Group Fitness Friday (SF) 1:00-2:00 Welcome Waggers 1:30-2:30 Holiday Hour by Virginia Virtual Academy 3:15-4:15 Bingo (AR)	<b>22</b> 10:00-11:00 Weekend Activity Packet (FL) 10:30-11:30 Welcome Waggers 11:00-11:30 Violin Music by Students of Linda Dyer (FL) 1:30-3pm. Crafts with Daisy Troop 371 (AR)
<b>23</b> 10:00-11:00 Rock Church (FL) 2:00-3:00 Musical Entertainment by Sunshine Express (FL) 4:00-4:30 The Winslow Family Christmas Carolers (FL)	<b>24</b> 10:30-11:00 Morning Stretches (SF) 11:00-11:30 Morning Trivia (SF) 11:00-4:00 Chaplin Chip Visits 1:00-2:30 Christmas Eve Service with Chaplain Chip (AR) 3:15-4:15 Bingo (AR)	<b>25 CHRISTMAS DAY</b> 10:00-11:00 Christmas Puzzle Pack 1:00-3:30 Afternoon Matinee (SF) "The Nativity Story"	<b>26 KWANZAA BEGINS</b> 9:00-1:00 Chaplain Chip visits 10:30-11:00 Morning Stretches (SF) 11:00-11:30 Morning Trivia (SF) 1:00-2:00 Welcome Waggers 1:30-2:30 Cedar Manor Market (AR) 3:15-4:15 Bingo (AR)	<b>27</b> 9:45-10:15 Catholic Service (AR) 10:30-11:00 Stretch & Tone (SF) 11:00-11:30 Morning Trivia (SF) 12:00-4:00 Chaplain Chip visits 1:30-2:30 Word Games (AR) 3:15-4:15 Pokeno (AR)	<b>28</b> 9:00-12:00 Chaplain Chip Visits 10:45-11:30 Group Fitness Friday (SF) 1:00-2:00 Welcome Waggers 1:00-2:00 Word Games (AR) 3:15-4:15 Bingo (AR)	<b>29</b> 9:30-10:30 Fitness to Music (SF) 10:00-11:00 Weekend Activity Packet (FL) 10:30-11:30 Welcome Waggers 10:30-11:30 Binge Bingo (AR) 1:00-3:30 Afternoon Matinee (SF) "Santa Clause 2"
<b>30</b> 10:00-11:00 Hymn Sing & Fellowship with Karen & Gordon (FL)	<b>31 NEW YEAR'S EVE!</b> 10:30-11:00 Morning Stretches (SF) 11:00-11:30 Morning Trivia (SF) 11:00-3:30 Chaplin Chip Visits 12:00-12:15 New Years Noon (DR) 1:30-2:30 New Years Eve Party Music by Elmo (FL) 3:15-4:15 Bingo (AR)					